O13

TO COMPARE THE EFFECTIVENESS OF CONTINUOUS HAEMOFILTRATION AND IN TERM IT TENTHAEMODIAL POISONING OF LYSISON TREATMENT OF SEVERE PHENOBARBITAL POISONING

QT Le, DN Ngo, D Pham

Poison Control Center, Bach Mai Hospital, Hanoi, Vietnam

Objectives: To compare the effectiveness of continuous veno-venous haemofiltration (CVVH) and intermittent haemodialysis (IHD) on treatment of severe phenobarbital poisoning.

Subjects: 42 patients, who were admitted into our Poison Control Centre from 2007 July to 2010 December with diagnosis deep coma from severe phenobarbital poisoning. **Methods:** The patients were randomly divided into 2 groups: the study groups (21 patients) were treated by CVVH and the second groups (21 patients) were treated by IHD. Both groups received similar supportive therapy.

Results: Two groups (CVVH and IHD) were similar in mean age, male/female ratio, serum phenobarbital's concentration on admission (8.8 \pm 4.9 and 10.1 \pm 3.9, p>0.05). With a period of about 19.5 hrs CVVH or 4 hours IHD, serum phenobarbital's concentrations (SPC) were reduced to 3.2 \pm 2.3 and 3.9 \pm 2.5 (mg%) (p>0.05); decreased ratio of SPC were 61.5 \pm 22.0 and 62.7 \pm 12.4 (%) (p>0.05). In comparison with IHD group, the outcome of CVVH group was significantly better with duration of mechanical ventilation was shorter (39.7 \pm 27.9 hours vs 66.1 \pm 32.4 hours; p<0.05); the mean duration of coma was shorter (31.9 \pm 26.6 hours vs 66.1 \pm 32.5 hours; p<0.01); relapse rate of coma was lower (0% vs 19.04%).

Conclusions: In severe phenobarbital poisoning, CVVH had better effectiveness than IHD in decreasing the time of mechanical ventilation and coma.