OP 014

The Effects of Treatment of Pulmonary Damage in Acute Paraquat Poisoning with High Dose Ambroxol Hydrochloride

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Abstract

Objectives: To observe the effects of treatment of pulmonary damage in acute paraquat poisoning with high dose ambroxol hydrochloride.

Methods: Forty patients of acute paraquat poisoning with pulmonary damage were randomly divided into 2 groups: control group (n=20) and treatment group (n=20). The control group received conventional therapy, and the treatment group underwent intravenous infusion of ambroxol hydrochloride 20 mg/kg/d q12 h for 5 days in addition to the routine treatment. The artery blood gas, HRCT film changes , number of cases with multiple organ dysfunction syndrome (MODS) , mortality, and survival time of the death cases were observed. Serum MDA 、SOD and TNF-α、IL-6 levels were measured in 2 groups before and 5 days after therapy.

Results : After treatment the oxygen partial pressure , oxygenation index, and HRCT film changes were all improved in these 2 groups ($p<0.01$or $p<0.05$), especially in the treatment group compared with the control group ($p<0.05$). The number of MODS case in the treatment group were lower than those in the control group ($p<0.05$), but mortality of the treatment group were n't significantly different from those of the control group. After treatment plasma level of MDA(umol/L) were all decreased in these 2 groups, especially in the treatment group compared with the control group ($p<0.05$); plasma level of SOD((Ku/L) were all risen in these 2 groups, especially in the treatment group compared with the control group ($p<0.05$) . After treatment plasma level of TNF-α、IL-6 (ng/L) were all decreased in these 2 groups, especially in the treatment group compared with the control group ($p<0.05$).

Conclusions: High dose ambroxol can be adopted to improve the ability of anti-oxidantion of the organism, inhibit lipid peroxidation and the levels of proinflammatory factor, lessen pulmonary damage, thus it has a certain therapeutic effect for treatment of acute paraquat poisoning.